

CARLOS MIGUEL PACHECO



Simplicity and Complexity

Poetry, Philosophy & Spirituality

1st Edition
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This work is the extended edition of my previous book, "The Diary of Thoughts - The Poems", a synthesis of my thoughts, the ones that are expressed through poetry. I always managed to write about who I am and what I feel using this form of writing as it translates in few words what you usually explain in several pages of ordinary text.

Added to this, I decided to publish a part of my daily introspections, what you can consider as small quotes, mixed with fragments of text which are presented in a random order. This way of publishing matches the way my thoughts arrive in my mind, in my spirit, that infinite flow of ideas, analysis of many different subjects, finally, the result of sixty seven years of living and its experiences.

Here, I keep expressing myself using simple words, easily understood by most part of us, and translating the veracity of my frame of mind, without evasions or artifices, the way I understand Life and people deep in my heart.

Blessings

Carlos Miguel Pacheco

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CHAPTER I

SIMPLICITY

Numbers

(Excerpt from The Diary Of Thoughts, Vol. One – Part Two)

Millions and millions of THOUGHTS were lost in this slight lack of time that occurred. Not completely lost of course as that chain of images, sequences of LOGIC & ILLOGIC emerges from our SPIRITS.

It reminds me of the famous movie “THE MATRIX”, that shows an image of figures scrolling up and down as circulating on a FLOW. As a matter of fact, I agree completely with that vision about the matrix of our LIVES. It’s for sure there is one MATRIX.

*We could also call it “**The God’s Formula**” - (translation from the Portuguese original title), as a famous Portuguese writer, José Rodrigues dos Santos, who gave this title to one of his books. If the CREATION had to define our EXISTENCE by a MATRIX, I think that she would do it exactly like that.*

The movement implicated in that MATRIX matches my conception of the EXISTENCE of a Universal Flow of ENERGY & LOGIC, from where we all came and to where we’ll all return.

One day I read part of a book from a French author, Bernard Werber, where he tried to explain about the structure of a kind of pyramid that defines the several SPIRITUAL levels of evolution of human beings based on six numbers. Under that influence and basis, I wrote a poem where I tried to express that same idea, as follows:

Numbers

***A number is nothing but
the expression of a certain reason
defining a certain logic.***

***Like Life
a number is not something lost
within our understanding.***

*It's just a sort
of chain, of succession
of factors, of events
related to the intelligence
connected to our Existence.*

*Like all forms of expression,
a number is like a painting,
real but still abstract.
It's like a picture, a photograph
where sometimes we see an empty thing
but that has its content.
After all you just have to interpret it,
identify it to find its meaning.*

*In numbers,
Sequence and Cadence
give the origin and continuation
of an essential and primary factor
for evolution
that leads to change
The Universal Motion.*

*Number one
means the mineral state,
where there is not love, bond or option.
As it is cold and linear,
leads however to think,
that it is a primary state
but still so extraordinary
as the initiator of a process,
triggering, originating progress
and spiritual maturation.*

*Number two
expresses the vegetable state.
Because of its round and horizontal shape
it is no longer so trivial.
It implies loving the Sun and Heaven,
like a flower filled with colour
to please to a dimension, to a higher being.
It is connected to Earth.*

*Number three
is once again the mutation,
the maturation of the human Spirit.
In its original design
we find in the animal state
two halves, two truths.*

*The doubt about if you can love or not.
Its existence lies in the vagueness
of its convictions.
If we examine its reasons,
the number three is dragged,
sometimes overwhelmed by its instincts.
Given its lack of identity
it lives in duality between fear and desire.*

*Number four
translates with the symbol of the cross
the human state.
The cross also means light,
perception, the option of deciding
to remain in this state
or evolve to a higher level,
superior, absent.*

*Number five
is connected
to the man intellectually evolved.
It corresponds to the spiritual state.
If we determine its form
the number five is
the reverse of number two.
Unlike the vegetal being, the spiritual being
is connected to Heaven
and loves the Earth, the material.
The difference between connection and Love
provide a comparison ... the inversion
of two fruits of Creation:
the five and two.*

*Number six
is difficult to define, difficult to reach
in this dimension.
As it translates the absent
it depends only
on your prayer,
the belief that you can find
when you give what is inside you.*

*Keep on going in your search
of the insight of your feelings
and you will find the explanation,
the moments to identify the six.*

*Maybe you can join the Kings
that govern the Universe.
You might want to stay in this place,
continue to fight without change
or reach the understanding,
the comprehension
about the Source,
the Roots,
the Explanation.*

(Carlos Pacheco, Luxembourg, the 14th November 1998)

Forgive me

(Excerpt from *The Diary Of Thoughts*, Vol. One – Part Three)

I know a person that since a child was raised in an ambience of LOVE & AFFECTION where FATHER, MOTHER, and grandparents were always present at any moment. All along the way and since a tender age, this child had a much-disciplined behaviour, perhaps too much in terms of an acquired education from her progenitors, namely her MOTHER. Her FATHER was more open regarding giving her all the FREEDOM to decide for herself and let her take all the initiatives that she would like.

Her FATHER had been raised that way and his notion about FREEDOM was very wide. Freedom of action was given to anyone. He always said to her that every child should be raised to the World and not for ourselves as parents, and so that child was raised in that kind of environment. No control, restrictions or whatever.

Even with all the LOVE and AFFECTION, that child has never been able to come near her parents and say **“I love you, Daddy”** or **“I love you, Mama”**. It was not because her parents stopped loving her or never loved her before. All along her life, her parents did the **“possible”** and **“the impossible”** to provide her the best there was. Year after year, a complete devotion to their daughter was practiced until she became an adult.

Never once was that child - now a grown up woman, able to show any FEELINGS.

On the other hand, she dedicated her life to helping other people in spiritual terms, still hiding her FEELINGS, still not being able to open that forbidden door that she shut since she was a child.

Forgive me

**Forgive my way to love you,
my way to give
what I have inside of me,
sometimes the pain, the joy,
others the suffering.
It depends on the time,
on my state of mind.**

*Forgive me to not speak
but still say everything
without a word being pronounced.*

*Forgive me for this distance
that has gripped our lives,
this craving, this effort
that did not measure time
and finally found something lost.*

*Forgive me for not being present,
this my absent way to live, to breathe.
I did everything to build
the world that I could not give you
but that you had to find
by your steps.*

*Forgive me for my faults,
my commandments, my law.
I know that deep within you,
you understood me
but you just pretended
to ignore everything,
to forget everything.*

*Forgive me for the moment
in which feelings were ignored
just to build the material, the unreal,
the futile that surround us.
It would be better to find a home
filled with Love and Joy.*

*Forgive this old fool!
So little was needed to live for you.
Today I realized, felt, suffered
the pain of losing you.*

*Forgive me for who I am,
for all that was not achieved
in the course of my Existence.
Forgive me my love, my pain
for not seeing you,
not having you beside me.
Everything was a dream without end,
like Life.*

*(Carlos Pacheco, Luxembourg, the 19th September 1998)
dedicated to my daughter)*

I like you

(Excerpt from The Diary Of Thoughts , Vol. One – Part Three)

People need to hear the words “I LOVE YOU” mainly from the ones they LOVE the most.

This example also shows that our genetic origins don't forcibly imply an unconditional link between progenitors and children and vice versa. As people are so complex in their SPIRIT, it depends on each one of us to show their FEELINGS & EMOTIONS.

Parenthood or childhood doesn't rely exclusively on that genetic link. Strangers can become far more important to us than our parents and vice versa, depending on their way to show those FEELINGS and EMOTIONS. But those two elements are always present in everyone. There are just some people who are afraid of that, what it represents and what it obliges.

To add something more to this little story and mentioning once again what I call as “The Law Of Compensations”, later on, that FATHER found another beautiful SOUL on the road of his LIFE and as a grown up being. She brought him all the COMFORT, CARE, TENDERNESS, AFFECTION, even LOVE that he was still missing, and that originated the following poem:

I like you

***I like your simplicity,
your complicity
between you and the World!***

***I like the way you look.
It's just as you took
the Souls around you.
They will never find you
neither your dreams!***

***I like your dedication,
your contemplation
to the one you Love,
as if...
there would be only Stars above
the thunder that is always present!***

*I like to see you
as if you were mine,
as my daughter,
the child that I also lost.
Maybe I'm paying the cost
of being different
or just being me!*

*I like the way you think,
the way your lips just blink
when you want to say everything
without a word being told!*

*I like you!
What can I say?
Do I have to pray
for you not to be afraid
of what I represent,
for who I am?*

*I'm just a man
lost in this infinitive Land,
trying to understand
why can't we Love each other!*

*(Carlos Pacheco, Luxembourg, the 4th of July 2011)
(Dedicated to the daughter I didn't have)*

I wished

(Excerpt from The Diary Of Thoughts, Vol. One – Part Three)

Some people are afraid of FEELINGS and everything that they represent, maybe as a form to defend themselves from outside MISJUDGEMENTS about FEELINGS. Everything depends on the way we FEEL the FEELINGS that are living inside of us. This sensitivity only means that even to understand FEELINGS; we have to FEEL them. Isn't it incredible this interdependency?

Other people are bound by FEELINGS without even being aware of it. These FEELINGS are constant elements that are living deep inside each one of us, bringing us the identification of VALUES, PRINCIPLES and finally almost the same STATES OF MIND.

I had an example in my LIFE about pure feelings that could be translated by simple attitudes, gestures of COMPASSION, FRIENDSHIP & LOVE. When we nurture PURE feelings for somebody, we'll automatically see everything in a PURE way. It doesn't work otherwise.

As FEELINGS are very difficult to understand, because sometimes (or most of the times) they are not LOGICAL as they touch our SOULS, the different interpretations that follow that analysis are very subjective and conditioned to our notions about this FEELING, about FEELINGS in general.

One moment I was talking and saying goodbye to this true and great friend of mine and at a precise moment I told her that I need a kiss from somebody to heal the pain I had on my lip due to the flu with fever. At that moment, she turned her face away. It was sweet, and I loved that reaction. Later on, we started to joke about that, and I wrote her some words that represent PURE FEELINGS without any malice involved. Every time I looked at her I wished that I could kiss her beautiful lips in a very pure way as if I could capture the beauty of her SOUL and taste the pureness of her SPIRIT and integrate myself with it. However, I was afraid to lose her forever.

I Wished

***I wished
that time wouldn't exist
or that we could choose it,
being able to change it
and live together,
forever young and as one.
Being children again.***

*I wished
not to see in you
the compassion
but the passion
that makes people live,
not ignoring
but exploring
the deserts
with your steps,
being free!*

*I wished
I couldn't read
your dream,
what makes you scream
that you want more,
open a new door
for your happiness.*

*I wished
you didn't hide
your pride,
didn't contradict, but predict
your future, your Life
without a single mistake,
nothing that can break
your heart later on.*

*I wished
to see you happy
with a smile
that doesn't catch your tears,
your inner fears,
your pain, the rain
that lives n your heart.*

*I wished
that I could tell you
what I feel and think
without
seeing your eyes blink
by being afraid
not of me but of yourself.*

*I wished
I could kiss your eyes
one more time.
Feel, discover all the skies
living in the Universe
of your mind.
Embrace your face
and stay there
dreaming, sleeping
like a child.*

*I wished
I could kiss your lips
without being afraid
of losing you,
watching your face,
caressing you and believing
that it's just a pure feeling
for you.*

I WISHED

(Carlos Pacheco, Consthun, Luxembourg, the 30th October 2011)

The universal motion

(Excerpt from *The Diary Of Thoughts*, Vol. One – Part Four)

If we think carefully, we are surrounded by multiple “IMAGINARY WORLDS” that manifests at an individual and global level. As I said before in one part of this document, they are interdependent. At its limit, IMAGINATION is nothing but the development of THOUGHTS in a chain, like that MATRIX I already mentioned.

The word “chain” is a reality because every THOUGHT is part of that “universal chain” originated by “the mainstream” of ENERGY of the CREATION. At this precise moment, I am writing these words in a kind of affirmation as it represents what I feel. It’s just that I don’t know any other way to describe this PERCEPTION about LIFE, about THE CREATION in any other way. Even less, I couldn’t ever prove it. It depends on our vision of our EXISTENCE.

To try to give you a small idea about the way I feel, some years ago I wrote something that expresses that vision about my, our EXISTENCE, in IMAGINARY terms. It’s a poem dedicated to An excellent friend of mine, almost a BROTHER but first off all a FRIEND as our lives became connected by EVENTS, VALUES, and PASSIONS for ART & MUSIC; an identification of nearly identical STATES OF MIND.

The Universal Motion

**What I am talking
is about your personality,
your reality,
what’s inside your mind,
what you are able to find
within yourself.....
nothing else!**

**What I am talking
is about what you feel,
about the real and the illusion
that sometimes leads to confusion
about your existence,
a strange feeling,
a kind of distance
between you and the World!**

*What I am talking
is about the doubt
that makes you shout
that you want to stay
everyday
in peace with yourself,
without caring,
understanding nothing else
than.....
“Why do I exist
along with the Sky?”*

*What I am talking then
is about something
difficult to understand
between human beings
and as strange as it seems
few will have the means
to know me as I am,
what I represent,
what I resent
by the simple fact
of being born!*

*I don't even exist.
I'm just a dream that consists
on absorbing a certain notion
about the Universal Motion!
I'm a foreigner without a face
that will leave no trace
of my Existence!*

*I am dreaming
that I'm heavily crashed
against the floor
and people just ignore
that I can't breathe
because of the weight
that it is at stake.
The EARTH is on my chest.
I just can't find rest
if I don't know the meaning
of having this strange feeling.*

***What I am talking
is about waking up every day, to say....
"I want to tell the World
without a word being told
that they are liars within themselves,
they're just fools
following somebody's rules.
It's not worth
breaking inner trust
and destroy yourself,
who you are, what you feel,
what is real,
what is you".***

***What I'm talking
is about you and me,
about the need to see
that nothing happens without a reason.
It's like a season
that needs to find it's end.***

***Only some will understand
that changes will occur
becoming answers of a blur
to another dimension,
another extension
of the same shape,
the same rape
of the conventional notion
about the Universal Motion!***

***(Carlos Pacheco, Luxembourg, the 13th December 1996)
(Dedicated to my friend TOMMY TALTON and my Kooto
SERGIO)***

CHAPTER II

COMPLEXITY

1. Silence has its own sound

*There is no such thing as absolute silence,
as there is no emptiness in space!
Nothing is ABSOLUTE as everything is RELATIVE.
Nothing is static as everything has it's own life;
if it isn't, then we are dying.*

*Silence has its own sound,
the music of The Creation itself.*

2. Pure feelings

*The strongest thing about feelings
is that no one can avoid to be loved
by someone else!*

3. The biggest lie

*One of these days
we will be fooled by the Truth
because no one will believe in it anymore.
Wouldn't that be the biggest lie of all times?*

4. Democracy in danger

*The evolution of the human being is merely apparent.
The political, economical and religious conflicts
that made part of history are repeating themselves.*

*The memories of the circumstances that lead us
to two World Wars just vanished with time.
In the eyes of the new generations, these events are
nothing but a virtual game in a computer.*

*In times when violence and madness are predominating
and converging in the core of our society,
some people want to lead us to vote on dictators
and autocratic and fascist regimes.*

*Those who appear in the eyes of the population
as the saviours, the "knights of the round table".
Democracy is in danger!*

5. Ingratitude

*Ingratitude
is like a naked night with no moon,
where silence and darkness cannot kill the guilt
of having abandoned and forgotten
a true friend.*

6. How fools we were

*Intelligence will never be physical or material in its
essence, but mainly spiritual.*

*Finding the source of intelligence would be like
finding the origins of Creation itself!*

*If one day we'll be able to do it, we'll find a dimension
where there will be no place for politics, religion and war,
no place for all the non-sense that we, human beings
created in our lives!*

Then, we'll finally understand how fools we were!

7. Philosophy is endless

*Philosophy is endless. It's like putting music into words.
It's like deciphering and interpret a sheet of music
in a million different ways.*

*It's like finding a whole world in the middle
of an abstract painting on canvas and show it to the
world, like finding a new Continent and becoming
another Columbus.*

*It's like photographing everything our eyes can't reach.
It's like describing all the hidden galaxies
of the Universe.*

*Philosophy is a constellation of thoughts, words, dreams,
where nothing is linear and cold, where you can find
beauty, a meaning, a feeling in every word you write.*

Philosophy is the language of The Creation itself!

8. Origin and final Destiny

*The truth be told!
What most affects our existence
is not the need to know about our origin,
but rather to understand our final destiny.*

*Creation committed the cruel act
of giving us this awareness
without explaining its reasons.*

*In reality and as a result of this fact,
this degree of cruelty has become extensive
to the practice of human beings
in their relationships.*

9. Devils in disguise

*I find it funny when they want to convince us
that we have to behave
to not go to Hell after we die.*

*In fact, the only true Hell is here, in this dimension,
and created by some human beings,
luckily not all.*

*Wouldn't it probably be that the "choir boys"
which foment these false ideas, aren't themselves
some Devils in disguise?*

10. A Cosmic collision

*Each one of us lives in a "personal world" translated by
energy, where there is an untouchable area which, even
we ourselves, aren't totally aware.*

*Existential and relational conflicts can be the result
of this impact between different "worlds",
similar to an eternal cosmic collision,
hence the difficulty for the human beings
to accept each other and finally living as a "whole".*

11. Race has no colour

*As if white wasn't a colour!
I never understood why we call "people of colour"
other races than white.*

*As well as constituting a racist and discriminatory
attitude, I do think at the same time we are ignoring
the colour of our own skin.*

Or is it that our skin has no colour?

*There isn't a supremacy of colour or race
but simply economical and military,
creating inhumanity and misery in society.*

12. A Supreme Intelligence

*A scientific explanation of our origin as human beings
will never imply a cold and linear interpretation of our
existence.*

*Those conclusions will always reaffirm the thesis
that there is a "supreme intelligence" based on energy
and logic which created this dimension; our existential
path.*

*Our individual perception about Life and Faith
will always prevail in contrast to all possible definitions
that will take place.*

*The fact of having the faculty of trying to find that
answer is already a "miracle" by itself.*

13. The "Holy War"

*Without noticing it,
we are living the same way
as in the medieval times.*

*We are guiding rockets and missiles,
instead of riding horses and camels,
but in the end, we find ourselves
in the middle of an eternal "Holy War"!*

14. Betraying "The Origin"

*We will never be able of rehabilitating our Planet,
our cradle, without reaching the moment
when we will consider Nature
as a living entity that must be respected.*

*To ignore this reality
is like betraying our Origin, our Mother!*

15. Political intentionality

*I can imagine it is extremely difficult
to manage this whole politic
and economic mess we are living in,
yet the real problem is not the mistakes
committed by our leaders,
but mainly the intentionality
that is hidden
behind their decisions and actions!*

16. My sanctuary

*In times where the reigning madness in society
overrides our intelligence, the wisdom,
friendship and oneness
that should prevail in every circumstance,
I find myself alone in my small corner,
suffering for all of us.*

Solitude became my sanctuary!

17. The doors of imagination

*The price to pay for complete knowledge
will be the change of the attribution of values,
with a total absence of meaning
regarding everything that surrounds us.
Even our reasoning will be submitted
to this cold and linear condition.*

*In the end, maybe we'll be willing to go back in time,
running, and reopen the doors of the unknown,
of the imagination.*

18. A comma on Science

*Philosophy is a label that is applied to everything that we
cannot explain ourselves, even science, but that in the
end, in most part of the cases, it becomes true.*

*That is the moment when science adds a new comma
to the philosophical answers already found,
in order they can become legitimately scientific.*

*The big question they should ask is:
how come some "philosophers" have those kind of visions,
that kind of anticipation concerning scientific questions?
Could that "gift" be scientifically explained?*

19. 9/11 & more.....

*You find those who assassinated
Abraham Lincoln, JFK, Dr. Martin Luther King, Jr.,
Malcolm X, Gandhi, among multiple identical contexts,
and you'll might find the answer
for the 9/11 and much more!*

*They are the same kind of people
and they're still there,
creating misery and pain to our lives,
making us slaves of their criminal system!*

20. Individual freedom

*It is good to think about the word "Freedom".
However, that dream can only become true spiritually.*

*We have to admit the fact that great part of the
populations don't have a civic, cultural and moral
education that allows them the right of saying and
doing everything that crosses their minds in the name
of "Individual Freedom".*

*That would require competence, responsibility and
respect. I think Humanity is still much far away of
reaching that path of our existence.*

In addition, it should be possible that the system would allow us to emancipate ourselves individually and collectively.

21. Economical genocide

*Governments, mostly Democratic,
judge, condemn and punish
every kind of genocide
that is committed within society,
yet forgetting about the "economical genocide"
that leads to a "social genocide".*

*I wonder how long we will keep on living
on virtual realities,
while the rich get richer under a solid basis.*

22. A chess game of Titans

*While examining History,
we get to the conclusion that it always repeats,
in spite of its fitness in today's society
being completely different.*

*Wrong concepts about the word "globalization",
which in fact protect mostly the interests
of international lobbies in detriment of the population's,
just don't work.*

*The most developed countries are actually paying
the price for their colonialist actions of the past,
yet keeping their imperialist ideas in economical,
political and religious areas.*

*It is sad to verify that we're at the mercy
of half a dozen Titans who rule the World
as if it were a mere chess game.*

23. Simple words

*I like simple words,
those which are understood by humble people.*

*I hate intellectuality,
the one that only serves as nourishment of the "ego"
and which sometimes lead us to have feelings of
superiority.*

*I was born a simple person and I'll die as so.
I don't want to be famous and I love solitude.
I rather stay on the backstage
and be able to spread my message.*

24. The biggest doubt

*In an attempt to try to achieve
more than what our eyes can reach,
we risk that the reality we will find,
will destroy the magical content
that animates our lives,
annihilating our happiness,
finally ending our dreams.*

*There must be a reason
why we always find ourselves
living under the basis of certainties
when in reality, the explanation for our existence
is the biggest doubt of all.*

25. The cult of personality

In a dimension where everyone are interdependent, where each action and word have an effect on society, some people make us believe in "the cult of personality" in the name of individual freedom.

Gradually, individualism becomes selfishness with serious consequences to the balance of our family and professional relationships.

26. Knowledge and obsession

I think that the fact of acquiring too much knowledge at an individual level implies the risk of finding ourselves lost in a sea of information.

Today's beliefs and certainties transform themselves in tomorrow's doubts until becoming again certainties, even temporary ones.

The obsession for knowledge, when not properly controlled, may lead to madness given the multiplicity and constant mutation of our conclusions.

27. Risk management

Probably and logically, somewhere on this planet and after the economic collapse of 2008, there must be a main server that simulates the various economic contexts of each country, will monitor and find solutions to all sorts of imbalances in the world economy.

I am sure that in the area of risk management, a major element to be considered is related to corruption, which will be extremely difficult to manage or control and will probably be deliberately ignored.

28. Acting like machines

In a world where technology is predominant, people are gradually losing the gift to relate with each other and are simply communicating in a wrong way.

In fact, a simple text can be misunderstood and will never replace words coming from our hearts.

When relationships are being replaced by a screen and a keyboard, it means that there is something wrong. That's the moment when human beings start to act and think as machines.

29. It's not what it is!

I never accepted it when someone tried to persuade me that "it is what it is!".

It's clear that this "cult of resignation" is a "brainwash" that helps lots of people.

I believe that it will always be "what we want it to be!"

*It's already enough to be faced with the reality
of illness, old age and death,
and these are the only incapability
we have in order to change events in our lives.*

30. Quality and mediocrity

*We are living in the middle of a collision of elements
supposedly independent, but that in reality
interfere in our daily lives, even in our relationships,
finally, in the way we communicate with each other.*

*We know that our creativity is connected
to the freedom of speech,
but we don't measure its development
in a proper controlled and organized way.*

*An exaggerated influx of information
will lead us in a involuntary way to no longer know
how to identify the quality and the mediocrity
in our words.*

31. Free Universities

*Free Universities
should become a fundamental civil right
granted automatically to every citizen
by the governments of all countries.*

*Clearly, this type of financial discrimination
is practiced with a purpose, mainly causing deep
differences between social classes, the knowledge
becoming restricted to a minority of people who can
afford it and use it for their own benefit and pleasure.*

32. Contradictory Constitutions

*Alleged Democratic countries,
non-pluralist and based on a contradictory Constitution,
can lead to controversial regimes.*

*This fact, added to the social and economical constraints
to which society is submitted to and imposed
by the people in power, can represent
an extremely intelligent form of exercising a dictatorship.*

33. Stupid Pride

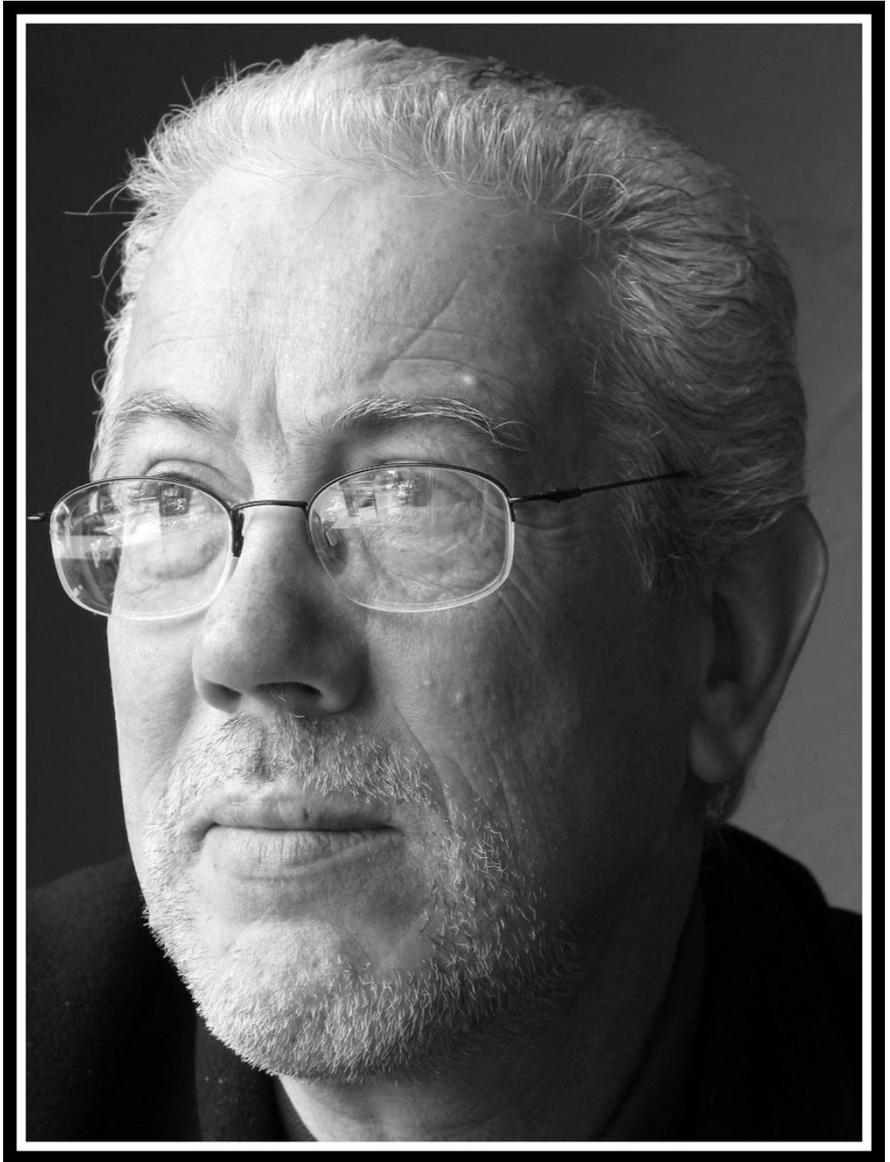
*Stupid pride
is nothing but our own incapacity to say
« Forgive me; you were right ! »*

34. Science & Faith

*I hope that in a near future,
Science will be able to prove the existence of the Spirit
through studying the energy which makes part
of each one of us.*

*Yes. The energy, at the same time individual and
Universal, where our history, our conclusions, evolution
and even regression are recorded;
finally, what we call as Spirit.*

*That same day,
Science will start to have Faith
and Faith will have a new meaning!*



ABOUT THE AUTHOR

Carlos Miguel Pacheco was born on the outskirts of Lisbon, Portugal, EU, in a town called Queluz. Son of Rui de Sousa Pacheco and Isabel Maria Pacheco, he reached Secondary School and stopped his studies to follow a professional career related to Organization and Methods, along with Accounting. He married his late wife Maria Eduarda Pacheco on the 3rd July 1971.

He joined the Army from October 1972 until April 1975, and he was classified first on Military Messaging Services. At the age of 38, he immigrated to Luxembourg as a result of a contractual agreement, after he accomplished professional missions in Switzerland and France.

At sixty years old, as an autodidact, he decided to put in writing all his thoughts, expressing, the best way he could all his inner values, beliefs & convictions, hoping that they would be captured and understood by some people as a message of spirituality along with notions about love and friendship.

His works reunite THE DIARY OF THOUGHTS - VOLUMES 1 & 2, THE DIARY OF THOUGHTS POEMS, and the epic Portuguese novel DREAMS LOST IN TIME. He also produced the joint-venture THE D.O.T. POEMS - THE AUDIO BOOKS with the prominent narrator from New York, Hank Beukema. Hank reads a great part of the poems included in THE DIARY OF THOUGHTS books, written by Carlos M. Pacheco. This project involved their dedication and several months of hard work to achieve a 6 hour 4-set audio book collection.

Carlo's works in Portuguese are SONHOS PERDIDOS NO TEMPO - (DREAMS LOST IN TIME) and AS MINHAS PALAVRAS (Poemas e Pensamentos) - (MY WORDS - Poetry and Thoughts), the latter being a compilation of his poems in Portuguese along his most profound existential thoughts and different and subjective points of view.

He also produced an audio book of his novel, SONHOS PERDIDOS NO TEMPO, 2 files totalling 15 hours of narration of this work by the Author himself.

REFERENCES

Books in Portuguese:

***Sonhos Perdidos no Tempo
As Minhas Palavras
Simplicidade e Complexidade***

Books in English:

***The Diary of Thoughts - Volume I
The Diary of Thoughts - Volume II
The Diary of Thoughts - The Poems
Dreams Lost in Time
Simplicity and Complexity***

Audio Books:

***The Diary of Thoughts Poems
Narrated by Hank Beukema
Written by Carlos Miguel Pacheco***

***Sonhos Perdidos no Tempo
Narrated by the Author***

Contact:

Facebook:

<https://www.facebook.com/DiaryOfThoughts/>

Author's Website:

<http://cmiguel51.wixsite.com/carlosmiguelpacheco>

Official Website:

<http://www.diaryofthoughts.com>

Email:

<mailto:c.pacheco@laposte.net>